

GRIT Camp – Parent FAQ

What is GRIT Camp?

GRIT Camp is a hands-on learning experience where students explore skilled trades like HVAC, electrical, plumbing, and carpentry. Guided by experienced tradespeople ie; “Mentors”, students learn by doing—building projects, using tools, and working through real-world trade challenges.

Who is GRIT Camp for?

GRIT Camps are designed for youth ages 12–17 who are curious and eager to explore the skilled trades. No prior experience is necessary—just a willingness to learn and participate.

Because GRIT Camps are highly hands-on and immersive, students should be physically and mentally prepared for active participation. Activities may involve loud sounds, strong smells, and use of real tools. Students should be able to work in teams, follow directions, and engage in group learning.

What will my child learn?

Students will be introduced to:

- Tool safety and usage
- Reading and following blueprints
- Basic electrical circuits
- Plumbing and pipework fundamentals
- Carpentry skills
- Teamwork, problem-solving, and communication skills

Is GRIT Camp safe?

Student safety is our top priority.

All adult mentors undergo background checks and must complete GRIT’s approximately three-hour mentor course no later than three weeks before camp. If required training is incomplete at that deadline, camp is postponed and students and parents are notified. Camps serve up to 16 students, with no more than two students per assigned mentor, plus a floater and separate Education Lead. All activities are supervised by experienced professionals in the field. Students are provided with proper personal protective equipment (PPE), and activities are designed to be age-appropriate and educational.

While we prioritize safety, GRIT Camps do involve the use of real tools—including torches and table saws—which carry inherent risks.

These tools are always used under the close guidance of trained tradespeople.

To participate, parents or guardians are required to sign a liability and photo release waiver prior to camp.

What should my child bring and wear?

For safety and participation, please ensure your child comes prepared with the following:

- **Closed-toe shoes** (no sandals or flip-flops)
- **Clothing without exterior drawstrings** (including shirts, pants, and hoodies)
- **Hair tied back** if long

Where is the camp located?

GRIT Camps are nationwide and each GRIT Camp is hosted at a local contractor's facility, training center, or community partner location. The address and drop-off details will be provided upon registration.

Is there a cost to attend?

No. GRIT Camps are free, thanks to the support of local contractors and GRIT Foundation which is a non-profit organization with sponsors throughout the U.S.

Will food be provided?

Yes. Hosts provide snacks and lunch for participants. If your child has allergies, plan to have them bring their own lunch or inquire with the host on what will be provided.

Can parents attend or volunteer?

We encourage parents to drop off their students so they can fully immerse themselves in the GRIT Camp experience and build confidence while learning new skills.

That said, some camps may allow limited parent observation or welcome volunteer support. Please reach out to your local GRIT Camp host to discuss specific opportunities.

How do I register my child?

Request the Student Sign-Up & Waiver Form from your local host. Registration is required and closes two weeks before camp to allow time for badges and student materials. GRIT sends two reminder emails: one two weeks before camp and another 5–7 days before camp.

How can I support the GRIT Foundation?

We love community involvement! You can:

- Donate to help fund more camps for students throughout the U.S
- Spread the word in your community

Visit www.thegritfoundation.com to learn more.